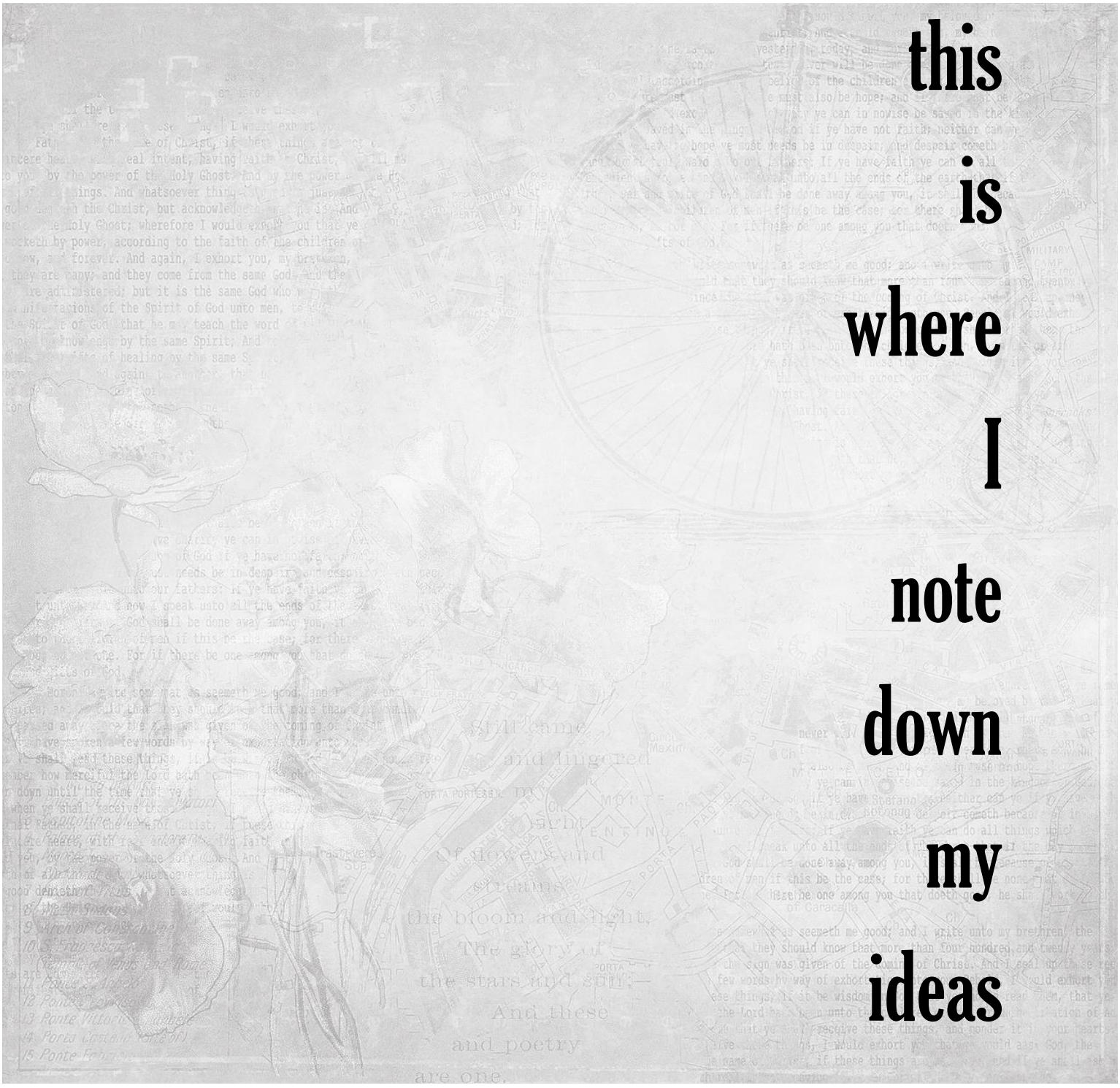
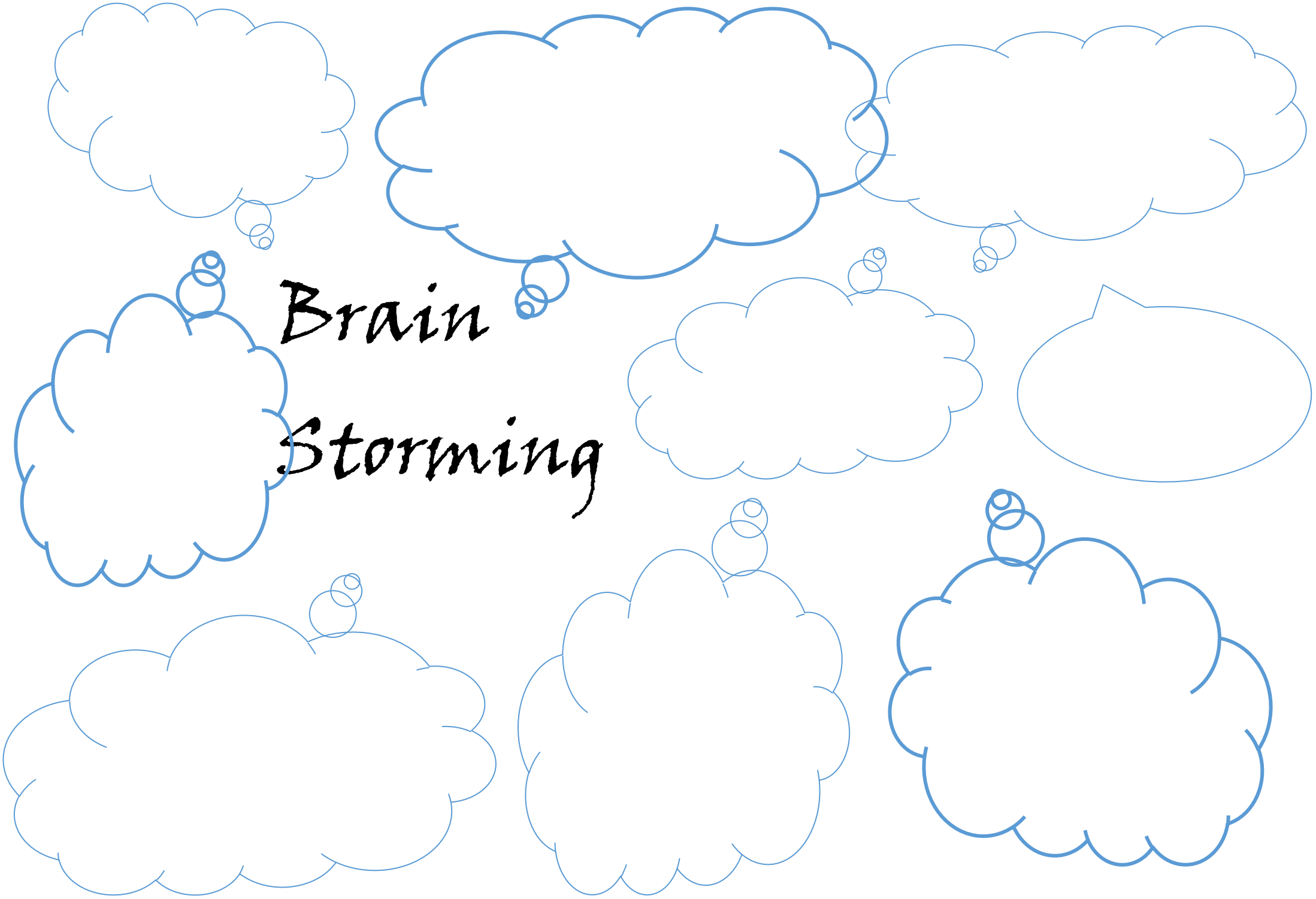


12-40 page lined/templates journal

This journal is used and filled by: [Name]

[Affiliation]


Brain
Storming

Reflective writing (e.g. write down what comes to mind for 3 minutes non-stop)

Idea sheet #...
name of idea:

description

pros

cons

conclusion

Visual idea sheet #…
name of idea:

What I(‘d) say

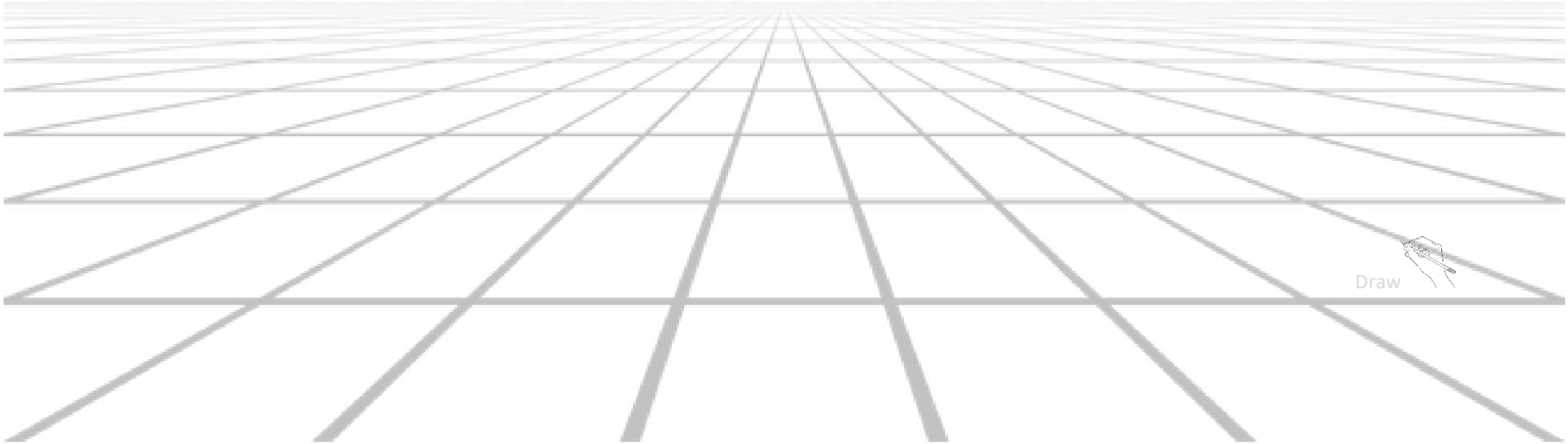
What others (might) say

Carte Postale

Dear future, I am writing to you …

Dear past, thanks …

Draw


Draw